



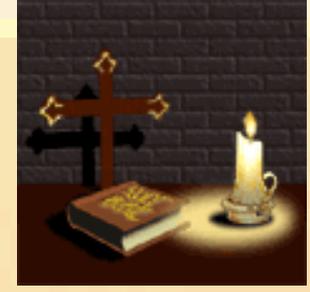
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MAHDERE-SEBEHAT LEDETA LEMARIAM
ETHIOPIAN ORTHODOX
TEWAHEDO CHURCH



**Lessons are prepared by Ledeta LeMariam
Sunday School
Alexandria, Virginia**

In the name of the
Father, and the Son, and
the Holy Spirit, one God.
Amen.



Begin with the Lord's prayer

Our Lord and Savior, our King and God, we thank you for gathering us here to stand before you to call on your Holy Name.

Heavenly Father, teach us to trust You in everything we do.

Our God open our eyes, ears, hearts and minds that we may hear Your Word and transform (Change) our lives.

Bless all the children and keep them safe. Hear us when we humbly and thankfully pray to you.

Our Father, who art in heaven

Hallowed be thy name,

Thy kingdom come,

Thy will be done

On earth as it is in heaven

Give us this day our daily bread

And forgive us our trespasses

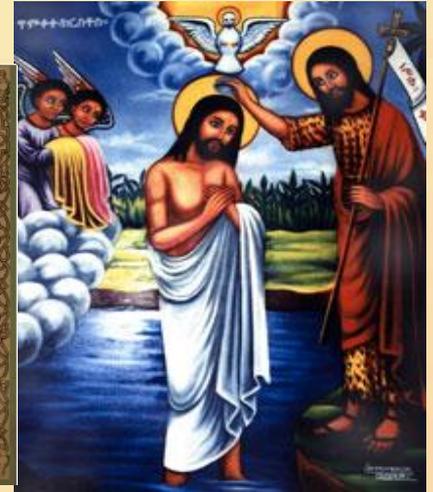
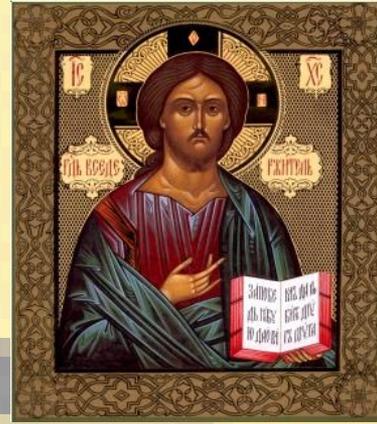
As we forgive those who trespass against us

And lead us not into temptation

But deliver us from the evil one

For thine is the kingdom, the power, and the

Glory. Forever, Amen.



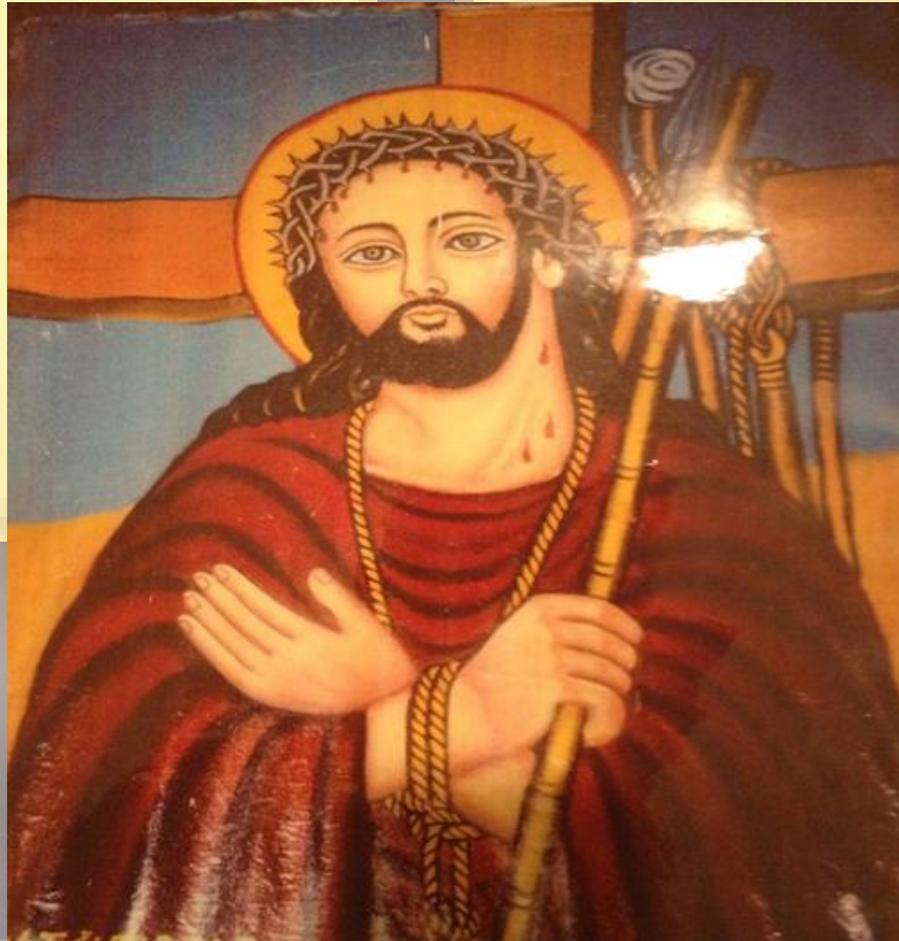
O our Lady, as St. Gabriel greeted you, “Hail Mary, full of grace, the Lord is with you.” True Virgin in conscience as well as body, blessed are you among women and blessed is the fruit of your womb.

Holy Mary, the God-bearer, pray that your beloved Son, Jesus Christ, may forgive us our sins. Amen.



Say The Jesus Prayer 3 times

**Lord Jesus Christ, Son of God,
have mercy on me, a sinner.**



Review

How many plagues were there?

Who were the people afflicted with these plagues?

Review the 10 plagues

1. **First Plague:** Moses changed all the water in the river to blood with the touch of His rod.
2. **Second Plague:** Frogs came out of the river in very large number and covered all the land of Egypt.
3. **Third Plague:** With the rod Aaron changed all the sand into lice, which covered men and beasts.
4. **Fourth Plague:** God sent large number of flies that got into all the houses of the Egyptians including Pharaoh.
5. **Fifth Plague:** God brought disease on all the animals and cows of the Egyptians but spared the animals of the Israelites.
6. **Sixth Plague:** Moses threw a handful of ashes to the air and it brought boils and sores on the skin of all the Egyptians and their animals.
7. **Seventh Plague:** God sent very heavy Hail on all the land of Egypt.
8. **Eighth Plague:** God sent Locusts that eat every tree.
9. **Ninth Plague:** God told Moses to stretch out his hand to the heaven so that there will be darkness over Egypt for three days.
10. **Tenth Plague:** The death of the first-born (will be taught next lesson).

Review

1. "The LORD spoke to Moses, 'Say to Aaron, "Take your rod and stretch out your hand over the waters of Egypt, that they may become **(OIL, BLOOD)**."
2. "Then the LORD spoke to Moses, 'Say to Aaron, "Stretch out your hand with your rod over the streams and cause **(FROGS, SNAILS)** to come upon the land of Egypt."
"
3. "The LORD said to Moses, 'Say to Aaron, "Stretch out your rod, and strike the dust of the land, so that it may become **(LICE, MICE)**."
4. "And the LORD said to Moses, 'Rise early, stand before Pharaoh and say to him, 'Let My people go, or else, if you don't, I will send swarms of **(BEES, FLIES)** on you and your servants."
"
5. "Again the LORD said, the hand of the LORD will be on your cattle in the field. There will be a very severe pestilence... So the LORD did this thing on the next day, and all the **(LIVESTOCK, BIRDS)** of Egypt died.

Review

6. "The LORD said to Moses and Aaron, 'Take a handful of ashes and scatter it toward the heavens. And it will cause **(SOILS, BOILS)** that break out in sores on man and beast."

7. Then the LORD said, "I will cause very heavy **(HAIL, ROCKS)** to rain down, such as has not been in Egypt until now."

8. "Then the LORD said to Moses, 'Stretch out your hand over the land of Egypt for the **(BUTTERFLIES, LOCUSTS)**, to come and eat every herb of the land.

9. "Then the LORD said to Moses, 'Stretch out your hand toward heaven, that there may be **(DARKNESS, LIGHT)** in the land of Egypt.'

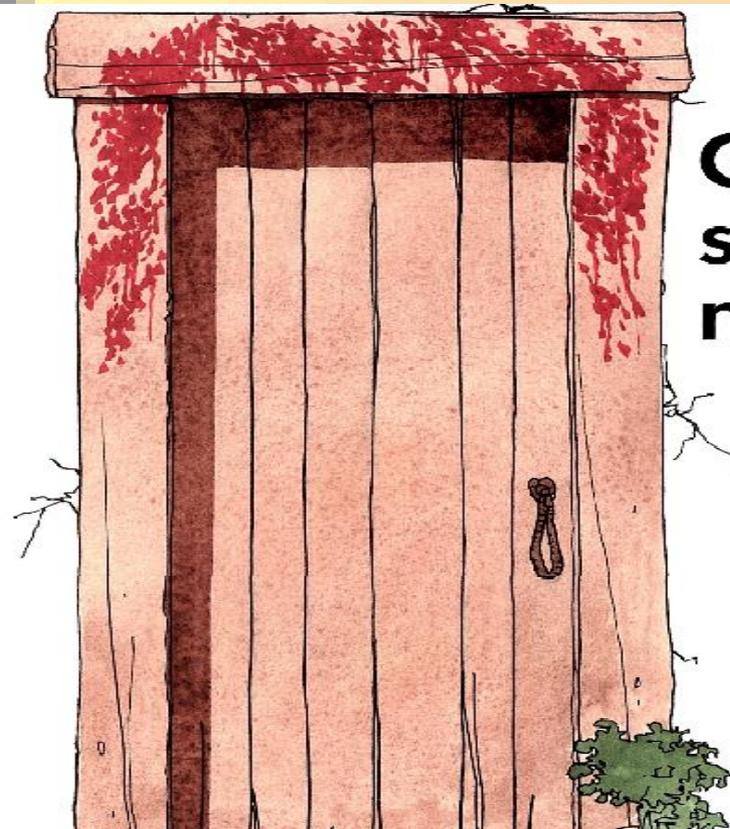
10. "And at midnight the LORD struck all the **(FIRSTBORN, SECONDBORN)** in the land of Egypt.

MEMORY VERSE

**Can anyone tell me
last week's
memory verse???**

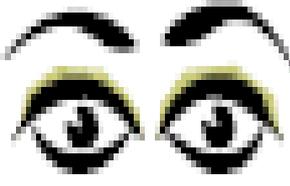
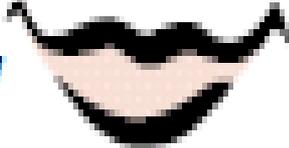
Recite Last week's memory verse

- “Let My people go, that they may serve Me” (Exodus 9:13).



**God
shows
mercy.**

Class Covenant

I will keep my  on my teacher,
my  in control,
my s on God's Word;
knowing God is my goal.

Passover & Crossing the Red sea



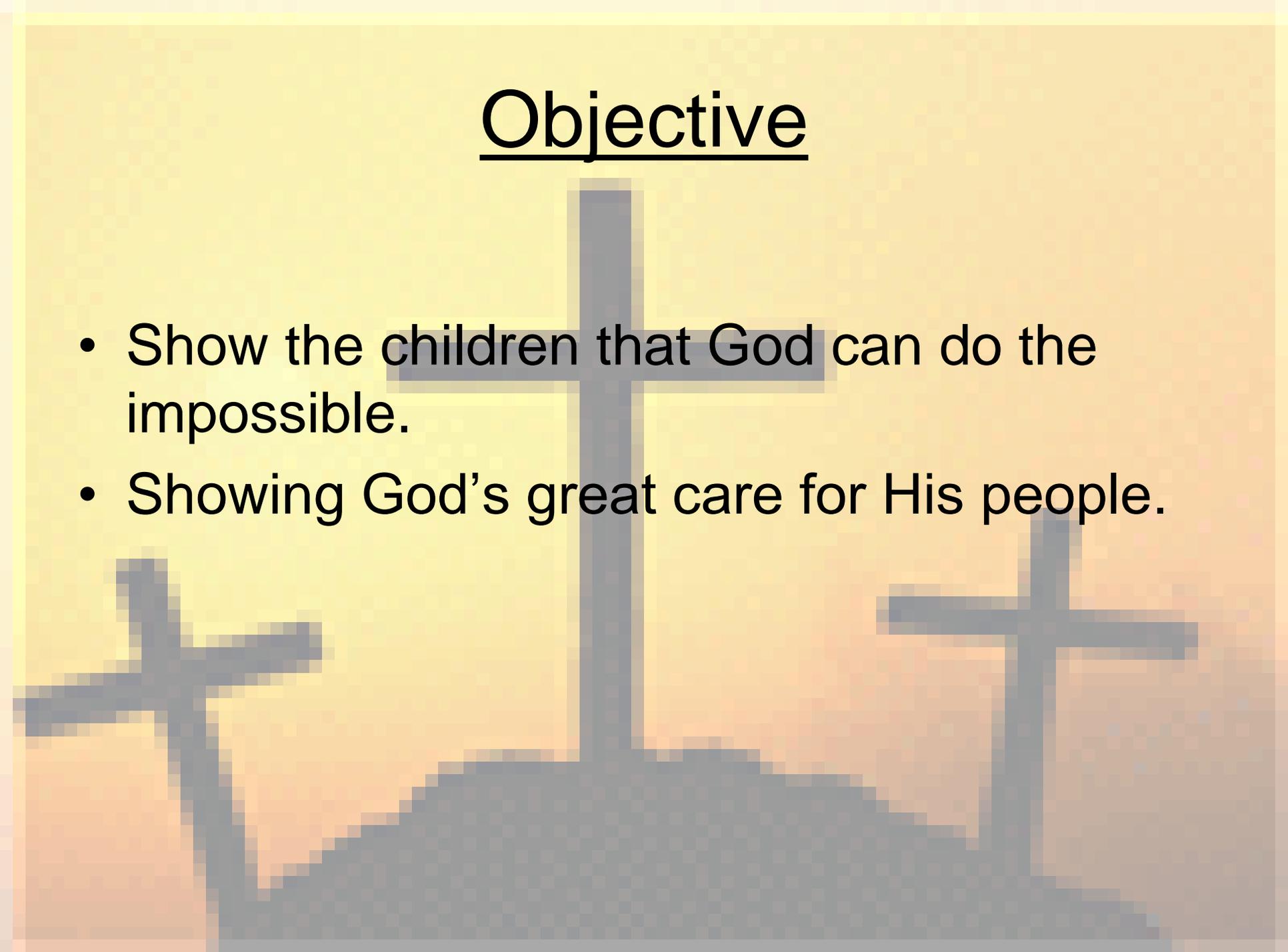
April 07, 2013

Memory Verse

- “Fear not stand firm and see the salvation of the Lord”.
(Exodus 14:13).



Objective



- Show the children that God can do the impossible.
- Showing God's great care for His people.

Introduction

- Ask the children how big is the sea?
- Can anybody cross the sea without a boat?
- What is in the sea?
- Is the water from the sea sweet or salty?

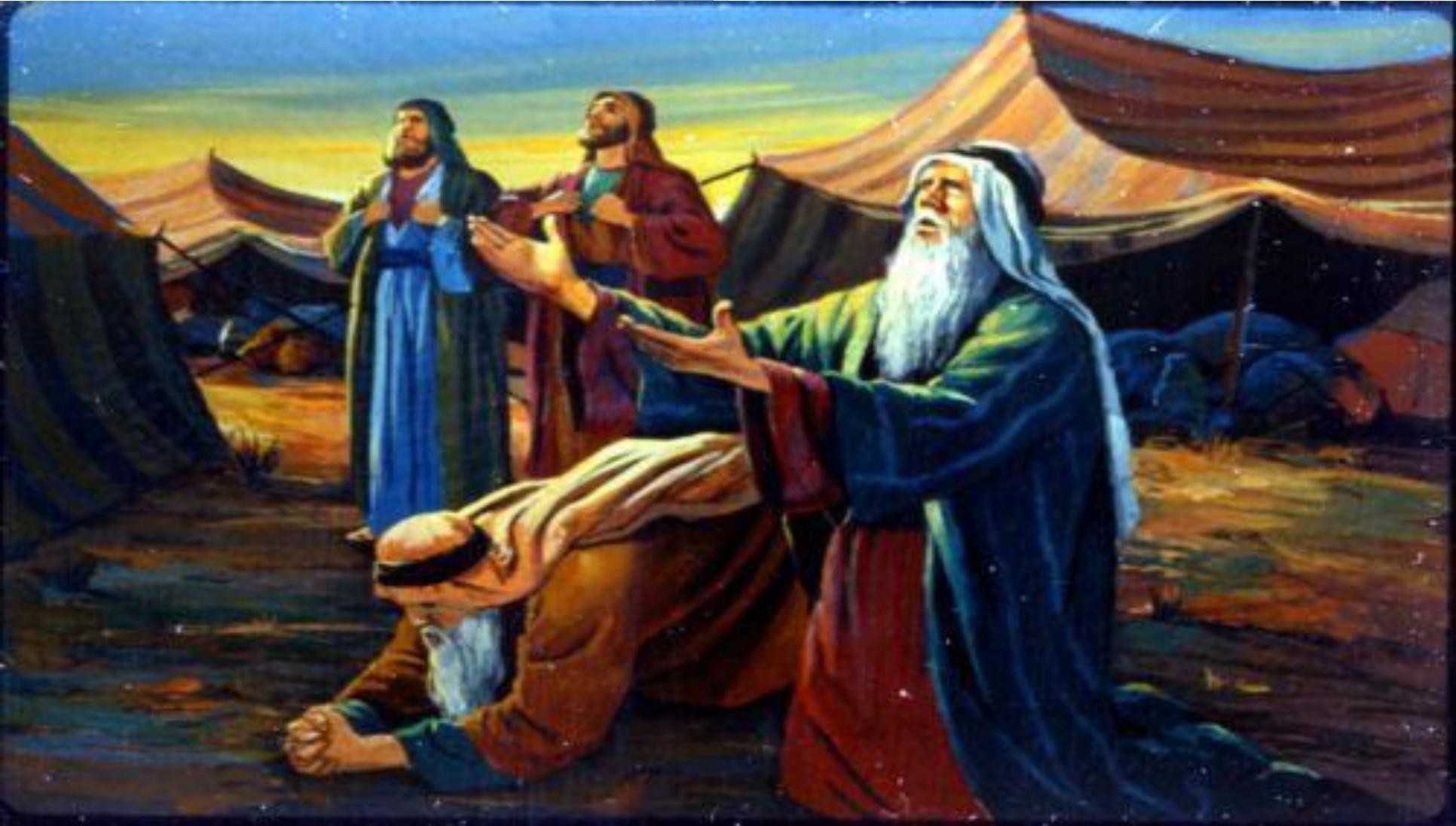
Moses led the Israelites out of Egypt.



A great number of Israelites started out on the journey to the Promised Land, with Moses and Aaron leading the way.



God told Moses to remember the Passover Night because the Angel of God had passed over the Israelite homes and struck Pharaoh and his people.



After 430 years in Egypt, God's people were now free. God led them in a pillar of cloud by day, and a pillar of fire by night.



But Pharaoh was not finished with the Israelites. Again, he forgot God. Again he changed his mind.



Gathering his army, he went after the slaves. Soon, he had them trapped between the cliffs and the Red sea.



The Israelites were terrified. “Lord God, help us,” they cried. They cried young and old, Pharaoh is coming with his army towards us, where shall we go?



Then they turn to Moses. Why did you bring us out here to die? They said Slavery in Egypt was better than dying out here in the desert.



Moses calmed them saying: Don't be afraid. Stand right where you are and the Lord will save you. This is the last time you will see the Egyptians.



Then God told Moses to raise his hands over the sea. A great miracle happened. God parted the sea and opened a path through the water.



The people of Israel walked along the dry path until they safely reached the other side. At the dawn of the next day, the Egyptians reached the sea. They did not imagine that their enemies marched through the dry land between waters. “Why don’t we march through this way to?” They thought. Pharaoh ordered his soldiers to pursue the Israelites and went in after them in the midst of the sea.



Then Pharaoh's army followed into the Red sea. Now we will catch them the soldiers thought. But God closed the waters. Egypt's powerful army was swallowed up. Now Pharaoh knew that Israel's God was Lord over all.



When the Israelites saw God's great power in action, they put their trust in Him. They knew that the Lord cared for them. Their hearts were filled with joy and thanksgiving. How could they show their joy? By singing of course!



The Israelites traveled for many days. They were tired and hungry.



Finally the people came to a place and found water. The place was called Marah. But they soon discovered they could not drink it because it was bitter.



What shall we do?" they complained to Moses. "We shall die of thirst!

"What do you think the Israelites should have done instead of complain? They should have asked God in prayer.

God was very kind. God told him to take a piece of wood and throw it in the water. Moses obeyed, and suddenly the water became sweet.

They complained to Moses, "There is nothing to eat in the desert. At least we had food in Egypt!"



Now we are starving! God heard them.



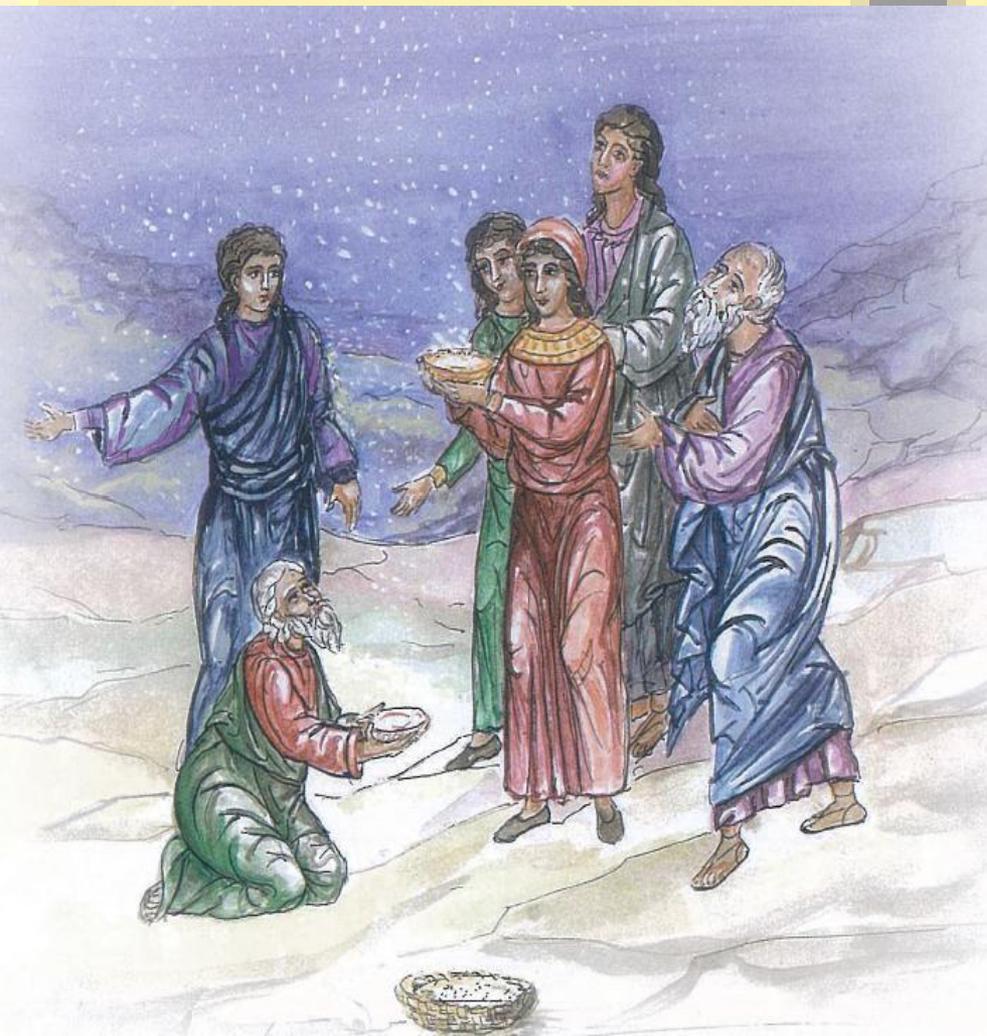
That evening, God sent birds called quail for the Israelites to eat.



The next morning, God sent bread from heaven. It was called manna and tasted like honey. The Israelites found the manna on the ground.



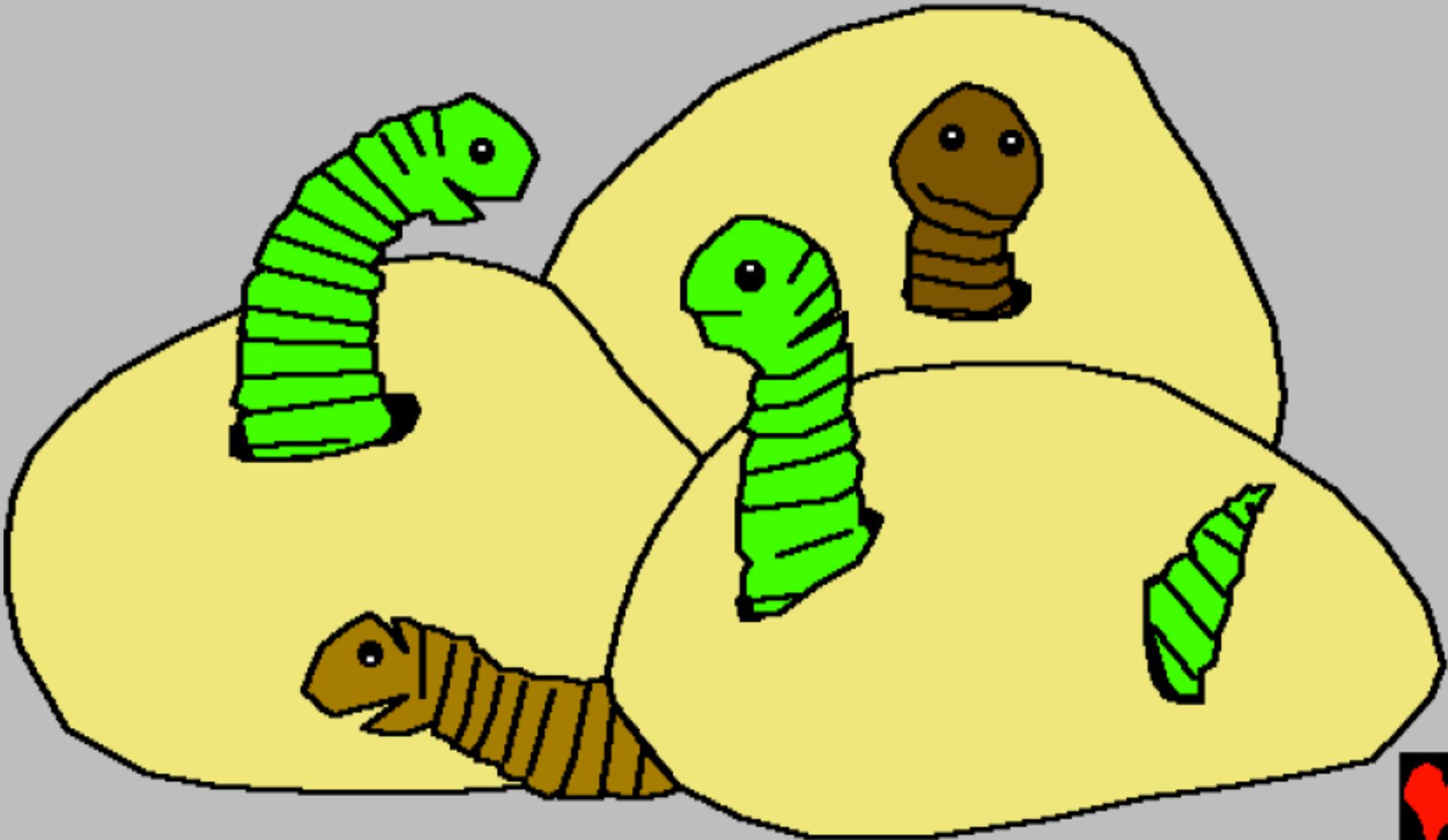
Manna was a type of Christ as the Bread of Life. The bread and wine are not by nature the body and blood of Christ, but are changed in a mystery by the Holy Spirit.



Moses told the people that God said to gather up only enough manna for one day. God wanted His people to listen to His word and obey him. But some people gathered extra manna, even though God said it would rot overnight.



But some Israelites disobeyed. They took more than they needed and set it aside for later. The next morning they found it was rotten and full of worms!



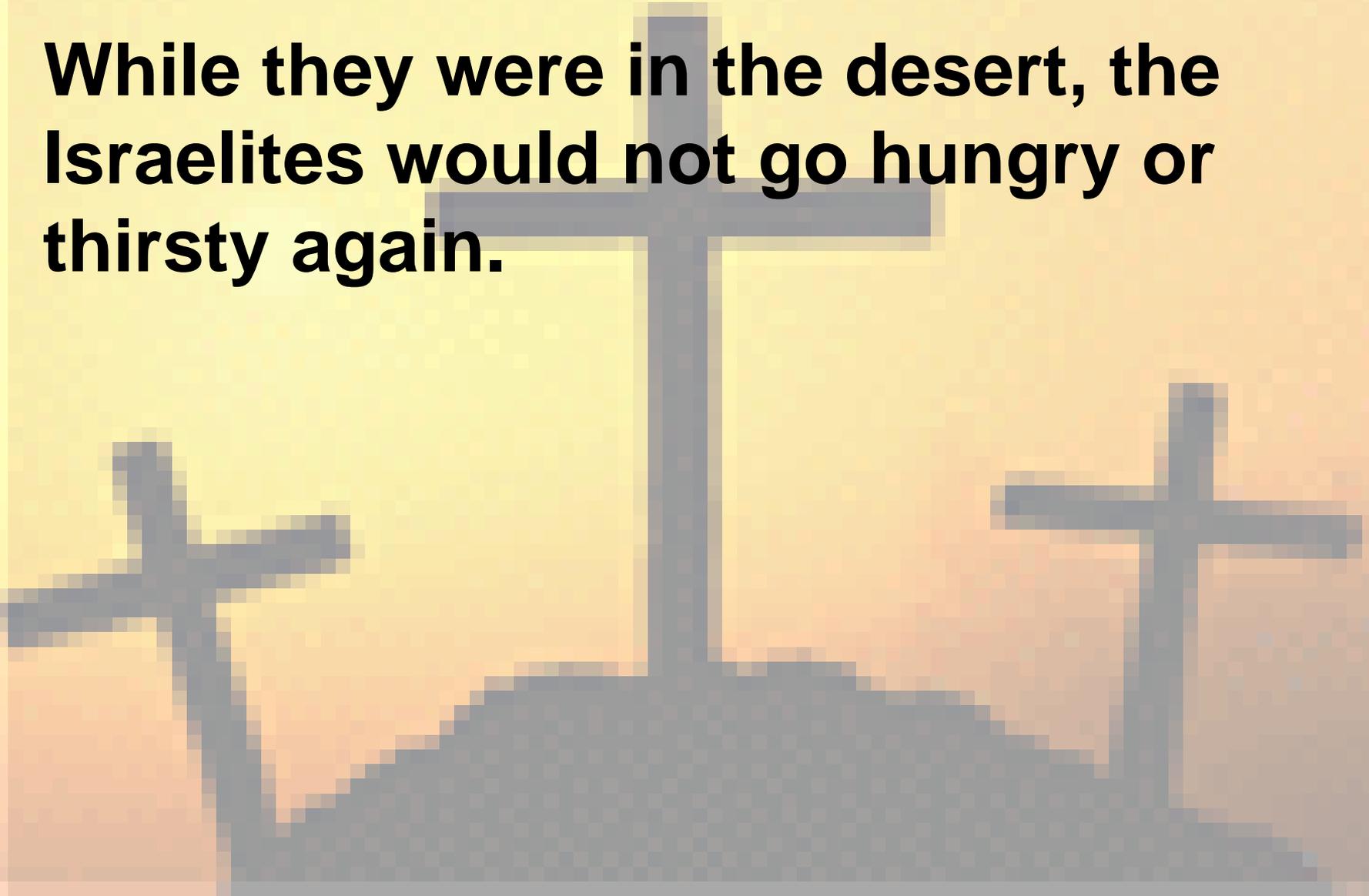
But they complained again: "We are thirsty!"



Moses asked God what to do. God said, "Hit the rock with your staff." When Moses hit it, cool, fresh water gushed out for everyone to drink.



While they were in the desert, the Israelites would not go hungry or thirsty again.



God looked after the Israelites in the desert. He gave them food and water and protected them from enemies.



When the Amalekites attacked , Israel kept winning the battle as long as Moses held up his hands.



Practical lessons we can apply in our daily lives

Each day, we need to trust God to supply all our needs.

He gives us our food, our homes, our families and all that we have.

Each day we need to pray and ask God to help us trust and obey him.

Each day we must ask him to help us do what he says.

Each day we should thank him for giving us what we need.

Conclusion

The Lord made His people free and divided the red sea into two so they may cross on dry land without being hurt. God also makes us free and would do anything to protect us from harm as He protected His people. God is strong and can do anything.

God made a way to save the Israelites at the Red Sea. Moses told them exactly what to do for their lives to be saved.

1500 years later, Jesus Christ made a way to save our souls. Your soul is the part of you that lives forever.

Movie Clip

Show a short movie clip about the story, if available.



Questions

- How did they cross the sea?**
- What happened to the Pharoah who followed them to the sea?**
- What was the first thing the Israelites did after they crossed?**
- What kind of food did God give the Isralites?**
- What is the name of the birds?**
- What is the name of the new food?**
- How did they get water? What did Moses do that made water flow out?**

The End

Next Week

We will learn about the
Ten Commandments.



3 things we all can do to strengthen our relationship with God

1. Read the Holy Bible daily preferably when we get up in the morning. 5 minutes to start.
2. Partake Holy Communion regularly.
3. Remember God throughout the day. We can repeat short prayer such as “Lord Jesus Christ have mercy on me.”

JESUS CHRIST

- “For there is no other name under heaven given among men by which we must be saved” (Acts 4:12)



Any question?

Close with prayer.

